# Summer Camp Weekly Activities

#### 1. Soccer Shots!

Soccer Shots! is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. www.soccershots.com/longislandwest

2. <u>Hug Music NY</u>

The class is led with high-quality live music throughout the class with acoustic instruments. We emphasize the importance of giving children access to live and acoustic music because nowadays we are exposed to "computer-made" music all the time, and this is also true for our children. Exposing children to high-quality acoustic music from a young age is extremely important to promote healthy development of their ears.

www.hugmusicny.com

# 3. <u>Acrobatics/Tumble class with OnthegoDance</u>

This acrobatics class helps your child develop flexibility, strength, balance and coordination through varied physical activities. The acrobatics coach brings equipment such as balance beams, gymnastics mats, and trampolines to our school.

# 4. Movement group with Ms. Tracey

Ms Tracey's class offers little ones an outlet for expressing themselves in a fun way through song, dance and movement games. All activities are targeted to develop large and fine motor skills, iImprove balance, coordination and rhythm through dance and movement activities.

# 5. <u>Storytime Science STEM class with the Queens Library:</u>

The Queens Public Library Children's Library Discovery Center will be bringing a 6 session series introducing STEM concepts through science literacy. In each lesson children learn by predicting, exploring and observing.

# 6. <u>Yoga:</u>

Our yoga classes enhance physical flexibility; while encouraging children to learn to use their muscles in new ways. Our fun yoga classes teach balance and coordination, balancing poses promote mental and physical poise, as mental clarity and stability increase from the effort of trying the poses.

#### Additional Activities:

- 1. Daily Outdoor Water Play, Arts & Crafts, and trips to the playground @PS 101.
- 2. Bella's Ice Cream Truck Visits https://bellasicecreamtruck.com/
- 3. Magic Puppet Show with Stewzo http://www.stewzo.com/
- 4. End of Year Party with *Speedo The Clown* https://speedotheclownagency.wixsite.com/speedotheclown

#### 5. <u>Alley Pond Environmental Center Outreach Program</u> This interactive lesson offers observation and handling of live animals to help students understand animal classifications (mammal, bird, reptile, and more). This program focuses on animal habitat, diet, texture & movement. <u>https://www.alleypond.org/outreach.html</u>